
CAREGIVING SURVIVAL + DEMENTIA CARE



- The risks of caregiving
- Recognizing caregiver burnout and emotional turmoil
- What does it take to be a caregiver?
- Preparing a personal survival plan
- Understanding Dementia Care

Jill Gafner Livingston, Certified Dementia Practitioner (CDP), and Certified Alzheimer's Disease and Dementia Care Trainer (CADDCT) delivers a powerful message on the need to remain positive while caring for your loved one. *"Caregivers are at great health risk due to the amount of mental stress they carry with them at all times"*. Jill's message is uplifting, real and leaves you with the strength to get through another day. This 2 hour seminar will include understanding dementia and introduce positive ways to communicate and care for your loved one.

Sponsored By:

Medilodge of St. Clair, 4220 Hospital Drive, East China, Mi 48054

January 17, 2020, 2:00 PM – 4:00 PM

Reserve your seat today!
Email - JWard@medilodge.com